



What to expect....

7U Division

The 7U (Super T) division continues the FUNdamentals of the 5U/6U (Rally Cap) experience, focusing on the skills and the love of the game. The emphasis is on learning baseball concepts and having fun! Players will start the season using either a tee or soft toss before transitioning to the pitching machine, outs will be introduced part way into the season and scoring is not kept. Each child will get a turn to bat in each inning and the catcher position will be introduced.

2025 Season

Skill Development Focus

1. Throwing/Fielding
2. Catching/Base Running
3. Hitting
4. Introduction to positions and rules

Division Manager

Mike Hughes
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Coach Responsibility

Developing baseball skills is something we look for in all our coaches, but it is not what we value the most. We want every coach to focus on ensuring ALL players are in a safe environment where they ALL can learn to love baseball. It is expected ALL coaches will be part of ensuring EVERY player is included.

Parent Involvement

There will be lots of opportunities for parents to be more than chauffeurs to and from the field. Coach, be the team manager, help with the assoc events, share pics on the LMBA social media, but most importantly be a supportive parent and remember we want our players to love coming out.

Coaches' Meeting
Mar 3

First practice
Early April

Opening Day
Apr 5

Photo Day
April 26

Season End
June 22

Program Overview

Team Formation:

Players will be placed onto teams by late March. Number of teams and team size will be based on the total number of players who register.

Regular field times:

Practice/game schedule is not available until the start of the season and is dependent upon the number of players registered. Plan for at least one practice and 1-2 game each week.

Supporting the coaches:

Each team will have up to 3 official team coaches. You DO NOT need to be a baseball star to coach this division. Any parent can quickly learn how to teach the basics. The official coaches will also need help from other parents at practices and games. At this age, more eyes are needed to help "herd the cats" and keep the players safe while they wait for their turn. If you are able to help, let your team coach know at the beginning of the season.

THE ONLY WORDS PARENTS
NEED TO SAY TO THEIR
CHILDREN: BEFORE A
PERFORMANCE: HAVE FUN,
PLAY HARD, I LOVE YOU. AFTER
A PERFORMANCE: DID YOU HAVE
FUN? I LOVE YOU. I'M PROUD OF
YOU. I LOVE TO WATCH YOU
PLAY. --TIM ELMORE

For more information, go to www.ladnerminorbaseball.com