

Pitch Count Sheet – LMBA 11U Mosquito Division

BC Baseball Pitching Rules - Number of Pitches and Required Rest



● 1 - 25 pitches = No Rest	*NO PITCHING ON 4 CONSECUTIVE DAYS*
● 26 - 40 pitches = 2 nights rest	**11U pitcher may only pitch on a 3rd day, if his combined
● 41 - 55 pitches = 3 nights rest	total for days 1 and 2 does not exceed 25 pitches
● 56 - 65 pitches = 4 nights rest	
● 66 - 75 pitches = 5 nights rest	

#	Pitcher	Game Pitch Totals																									Total					
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25		No Rest	26	27		
		28	29	30	31	32	33	34	35	36	37	38	39	40	2 Nights	41	42	43	44	45	46	47	48	49	50	51	52	53	54			
		55	3 Nights	56	57	58	59	60	61	62	63	64	65	4 Nights	66	67	68	69	70	71	72	73	74	75	5 Nights							
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	No Rest	26	27			
		28	29	30	31	32	33	34	35	36	37	38	39	40	2 Nights	41	42	43	44	45	46	47	48	49	50	51	52	53	54			
		55	3 Nights	56	57	58	59	60	61	62	63	64	65	4 Nights	66	67	68	69	70	71	72	73	74	75	5 Nights							
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		28	29	30	31	32	33	34	35	36	37	38	39	40	2 Nights	41	42	43	44	45	46	47	48	49	50	51	52	53	54			
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Official Signatures

Home Team Manager _____ Away Team Manager _____ Official Score Keeper _____

Teams

Home: _____ Away: _____ Date: _____

Instructions: Place an "X" on the number as that pitch is thrown, circle the number for the last pitch thrown in an inning

Note #1: Pitches thrown in warm-up, bullpen, or ruled no pitch by the umpire because time was called prior to the pitch, or thrown when ruled no pitch due to a balk do not count towards pitch count