

Guidelines for Spring 2021 Return to Play

Field Guidelines

- Team training / development (practice) permitted.
- No Games permitted.
- Participants (players and coaches) must maintain a **physical distance of three metres** from one another.
- Activities should be low risk of transmitting the virus (e.g. individual activities, group training that maintains physical distance).
- Spectators are not permitted at any baseball activities.
- Verbal symptom screening and attendance tracking must be performed daily.
- Stay home if you're sick.
- For athletes 22 and older, small group team training/development (practice) is permitted with a maximum group size of 10 persons.
- Field capacity limit: NO Gathering larger than 50 people permitted.
- Each team will assign a safety and sanitation champion for each event to track attendance, assist in reminders about physical distancing and implement the ongoing sanitation needs and requirements.
- Dugouts will NOT be used by players or coaches.
- ONLY players and coaches permitted on the field.
- Players/coaches are expected to perform hand hygiene prior to entering and when leaving the ball field. For players this includes hand hygiene before and after taking the field AND before and after each at bat.
- No handshakes.
- No team huddles before, during or after practice.
- **NO sunflower seeds, NO gum, NO sharing food** of any kind and **NO spitting** permitted at the field.
- **Bleachers are closed** to all.
- All players/coaches/volunteers/parents are required to review the Waivers, Participant Agreement and Declaration of Compliance prior to participating in baseball.
- Field times will be scheduled by division managers and will have a 30 min gap between for events scheduled on the same day to allow teams to vacate field prior to next team arriving.
 - Players/coaches will arrive at the field no earlier than 15 minutes before their practice and will leave park/parking lot immediately following practice. No congregating in the parking lot.

Equipment Guidelines:

- Only coaches/managers are permitted to access lock boxes to retrieve field equipment.
 - Coaches/managers will clean any equipment used for field prep i.e., L Screens, rakes etc. use and also wipe down the lock box after securing field equipment.
- Each LMBA equipment bag will have appropriate cleaning supplies for gear and baseballs.

- Coaches/managers will wipe down baseballs, team designated gear and field equipment after practice prior to putting it back in the equipment bag. LMBA owned catchers gear will only be used by one player at each practice session and cleaned at the end of practice.
- Team issued/shared bats will be wiped down between players and after practices.
- Players will be encouraged to clean/disinfect their personal gear after each practice.
- Players will not share their personal equipment (bats, gloves, etc) with others.
- No sharing of water bottles.

Attendance and Screening process:

- All team members (including players and coaches) must complete a Health Check on the TeamSnap platform prior to each event.
- The coach (or a volunteer designated by the coach) will confirm at the check in point near the entry gate that only team members who have completed their Health Check will be permitted to attend the event.

- If at a baseball event ANY team member/participant is unable to complete their Health Check on the TeamSnap platform (because of technical difficulties or because that participant is not listed in TeamSnap for that event, for example), the coach/manager will:
 - o Take attendance at the beginning of the event using the EVENT ATTENDEES SCREENING FORM available on the LMBA website.
 - o Verbally screen each player/coach for travel and symptoms at the beginning of each practice and document on attendance/screening form.
 - o Complete the attendance form and include full name and contact information for anyone who attends any portion of the practice .
 - o Take a photo of completed form IMMEDIATELY AFTER EACH PRACTICE and EMAIL secretary@ladnerminorbaseball.com and copy the division manager.
- Any team that has not submitted a complete and accurate attendance form within 24 hours of the practice will not be allowed to take the field for their next scheduled field time. (To be clear, all teams must EITHER ensure that ALL participants (players and coaches) completed a Health Check prior to the event, OR they must submit the Event Attendees Screening Form.)

- **Health Safety Guidelines:** Coaches/players/parents/volunteers will adhere to the Return to Play Guidelines, Illness Policy and First Aid Guidelines.
- Ride sharing is discouraged.
- Players encouraged to wash clothing and sleeves after each practice/game.
- Players and coaches are encouraged to bring their own hand sanitizer
- Coaches will review the following with players and parents:
 - Field Guidelines
 - Equipment Guidelines
 - Attendance and Screening Process
 - Illness Policy