



Adapted from BCMBA Covid-19 First Aid and Breakout Plan

OUTBREAK PLAN

Outbreak Plan

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. Any coach/manager who becomes aware of a suspected or confirmed case of COVID-19 among any team member, their family or spectator at an LMBA activity must:

- refer the affected participant or parent to LMBA’s Illness Policy, and refer them to the information about isolation and self-monitoring, as set out in item 3 (below),
- immediately advise the division manager, the LMBA secretary at secretary@ladnerminorbaseball.com and the LMBA president at president@ladnerminorbaseball.com about the suspected or confirmed case of COVID-19,
- ensure that there is enhanced cleaning, as set out in item 2 (below).

The division manager will work with the coach to ensure that the requirements of the Illness Policy have been met, including that the coach has informed and removed from participation any participant or parent/spectator who worked/played closely with an individual who tested positive for COVID-19 or who is awaiting a test for COVID-19.

Using LMBA’s Illness Policy as a guide, and in consultation with the coach, the LMBA secretary and the LMBA president, the division manager may further modify, restrict, postpone or cancel activities in their division if a case or outbreak is reported.

2. If LMBA volunteers, participant or parent/spectator report they are suspected or confirmed to have COVID-19 and have been at an LMBA activity, coaches will implement enhanced cleaning measures to reduce risk of transmission. (For more information and resources on cleaning and disinfecting, see <https://www.bcminorbaseball.org/page/show/5788253-bcmba-covid-19-resources>).

3. LMBA will implement its illness policy and advise individuals to:
 - self-isolate
 - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed. o Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.

4. In the event of a suspected case or outbreak of influenza-like-illness, the LMBA Secretary will immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at the local health authority.

5. If LMBA is contacted by a medical health officer in the course of contact tracing, LMBA will cooperate with local health authorities.