

Points of Interest:

- BC Athletes and Coaches at the Olympics!
- Next Sport Council Meeting: March 9th
- Delta Sports Hall of Fame now accepting Nominations!
- HIGH FIVE Sport Primer Workshop! April 17th
- Canadians want to *Own the Podium!!*



Delta Sport Council Objectives:

- Facilitate education and training opportunities for youth, athletes, coaches, officials, administrators, parents and volunteers in the Delta sporting community.
- Advocate and promote the values and benefits of sport, recreational activity, and the 'Sport for Life' model in the community of Delta.
- Promote Delta as a location for "sport tourism".
- Promote successful Delta athletes, coaches and sport administrators as role models for Delta youth.

Delta Sport News

Volume 7, February 2010

Delta Sport Council



BC Athletes and Coaches at the Vancouver Olympics!!

Of the 206 Athletes competing for Canada in Vancouver at the Olympic Winter Games the following athletes and coaches currently live in BC:

Mens 5,000m Speed Skating: Denny Morrison

Denny's Coaches: Jerry Vopicka, Karen Maclaren

Freestyle Skiing - Womens Moguls: Kristi Richards

Kristi's Coach: Stephen Fearing

Biathlon - Womens 7.5km Sprint: Megan Tandy

Megan's Coaches: Jeremy Campbell and Fiona Coy

Alpine Skiing - Mens Downhill: Manuel Osborne-Paradis; Robbie Dixon

Manuel and Robbie's Coaches: Jordan Williams & Dusan Grasic

Feature Website of the Month!

Canada Sport for Life!!

As a group dedicated to what's cutting edge in sport and advocating for sport as an activity, the Delta Sport Council would be remiss if we didn't feature the **Canada Sport for Life Model** model in this section!

Canadian Sport for Life is a movement to increase sport's contribution in Canadian society recognizing sport as an important part of everyone's life by promoting each child's healthy and logical development in a sport or physical activity.

This website and resource provides information explaining the importance of sport for all ages and stages by giving children the skills that they need to develop Physical Literacy for both healthy life long enjoyment and for sporting success. Whether you're a parent, a teacher, an athlete or coach you'll find details which will help you deliver quality programs!! Have a look!

<http://www.canadiansportforlife.ca>



BCRPA is pleased to announce that the HIGH FIVE[®] Sport workshop is now available in BC!

HIGH FIVE[®] Sport is a 4.5 hour training providing coaches who work with children ages 6 to 12 with expertise and tools on how to support the **emotional, social and cognitive development** of their participants. Coaches will learn about child development and how to achieve positive experiences for their athletes including how to:

- apply stages of Long Term Athlete Development
- prepare a child emotionally for competition & manage feelings around winning & losing
- design competition that promotes Fair Play
- communicate effectively with athletes & their parents

A HIGH FIVE workshop will be held in Delta on April 17th! To register contact Mark Friesen mfriesen80@gmail.com

The Delta Sports Hall of Fame is now accepting Nominations!!

The Mission Statement of the Delta Sports Hall of Fame is:

“To Celebrate Delta Sport Achievement, Recognize Excellence and Honour Past, Present and Future Sport Role Models”

Nominations are now being accepted for the following:

- Athlete of the Year
- Coach of the Year
- Team of the Year
- Master Athlete of the Year
- Youth Athlete of the Year
- Volunteer of the Year

The Deadline to submit nominations is **March 31st, 2010**

To access the form, and for more information, go to:

www.deltasportshalloffame.ca

Canadians Want Canada to Own the Podium in 2010 and Beyond

Press Release—Sport Matters Group (www.sportmatters.ca)

Over 7 out of 10 Canadians want a top3 result for Canada at the Vancouver 2010 Games and for an initiative like Own the Podium to continue.

Ottawa, Ontario (February 11, 2010) - In the lead up to the Vancouver 2010 Olympic Games, a poll conducted by Angus Reid on behalf of the Sport Matters Group indicates that a strong majority of Canadians believe that it is important for Canada to finish amongst the top 3 nations in total medal count (73%). Similarly, Canadians expressed their support for investing in and continuing a performance focused initiative like Own the Podium in the post 2010 era (74%). This level of support applies across all age groups, genders, education levels and regions, with Quebecers more likely to express their support for both the performance objective and the initiative (85% and 79%, respectively.)

The poll also sought the views of Canadians on the impact of a potential top-3 result in podium performances during the Olympic Games. 9 out of 10 Canadians felt this would have a positive impact on national pride (91%) while almost 8 in 10 had the same view on national unity (79%). Motivating more Canadians to participate in winter sport (84%) and in physical activity in general (77%) was also seen as a positive impact of the potential result.



[site map]

www.coaches.bc.ca/



Is your group looking to host an educational session or course of some kind? Get other groups involved! The Sport Council can help with funding and advocacy—just let us know!

Contact Mark Friesen at mfriesen80@gmail.com for more info!